



*The*  
SECRET  
*to a*

SUCCESSFUL

CHRISTIAN  
LIFE

# Negative Commands

...Do not quench the Spirit.

1 Thessalonians 5:19

...Do not grieve the Holy Spirit...

Ephesians 4:30

# Positive Commands

...Walk in the Spirit...

Galatians 5:16

...Be filled with the Spirit...

Ephesians 5:18

# Galatians 5:16-25



How can we live a life  
that is pleasing to  
God?



You are commanded to walk,  
moment-by-moment in the Spirit

I say, then, walk by the Spirit.

Galatians 5:16

Walking in the Spirit brings victory

...in order that the law's requirement  
might be fulfilled in us

Romans 8:4

Walking in the Spirit brings victory

...in order that the law's requirement might be fulfilled in us who do not walk according to the flesh but according to the Spirit.

Romans 8:4

Walking in the Spirit will protect  
you from sinning

I say, then, walk by the Spirit and  
you will certainly not carry out  
the desire of the flesh.

Galatians 5:16

Your flesh is at war with the  
Holy Spirit

For the flesh desires what is against  
the Spirit, and the Spirit desires what  
is against the flesh; these are opposed  
to each other, so that you don't do  
what you want.

Galatians 5:17

When you follow the desires of your sinful nature, the results are very clear: sexual immorality, impurity, lustful pleasures, idolatry, sorcery, hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, envy, drunkenness, wild parties, and other sins like these. Let me tell you again, as I have before, that anyone living that sort of life will not inherit the Kingdom of God.

Galatians 5:19-21 NLT

The trouble is with me, for I am all too human, a slave to sin. I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate...So I am not the one doing wrong; it is sin living in me that does it. And I know that nothing good lives in me, that is, in my sinful nature. I want to do what is right, but I can't.

Romans 7:14-18

Power is found as we walk in the  
Holy Spirit

And I know that nothing good lives in  
me, that is, in my sinful nature. I want  
to do what is right, but I can't.

Romans 7:18

Power is found as we walk in the  
Holy Spirit

What a wretched man I am! Who will  
rescue me from this body of death?  
Thanks be to God through Jesus Christ  
our Lord!

Romans 7:24-25

Power is found as we walk in the  
Holy Spirit

So now there is no condemnation for those who belong to Christ Jesus. And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that leads to death.

Romans 8:1-2

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Galatians 5:22-23

We need to march in step with  
the Spirit

I say, then, walk by the Spirit...  
Galatians 5:16

...if we live by the spirit. Let us  
also walk by the spirit.  
Galatians 5:25

