







"You might as well try to see without eyes, hear without ears, or breathe without lungs as to try to live the Christian life without the Holy Spirit"

- D.L. Moody -



## **Negative Commands**

## ...Do not <u>quench</u> the Spirit. 1 Thessalonians 5:19

# ...Do not grieve the Holy Spirit... Ephesians 4:30

### **Positive Commands**

### ....<u>Walk</u> in the Spirit...

Galatians 5:16

#### ...<u>Be filled</u> with the Spirit... Ephesians 5:18

## **Negative Commands**

...Do not <u>quench</u> the Spirit. 1 Thessalonians 5:19

## **Negative Commands**

# ...Do not <u>quench</u> the Spirit. 1 Thessalonians 5:19

# ...Do not grieve the Holy Spirit... Ephesians 4:30

And don't grieve God's Holy Spirit. You were sealed by him for the day of redemption.

In him you also were sealed with the promised Holy Spirit when you heard the word of truth, the gospel of your salvation, and when you believed. The Holy Spirit is the down payment of our inheritance, until the redemption of the possession, to the praise of his glory. Ephesians 1:13-14

And don't grieve God's Holy Spirit. You were sealed by him for the day of redemption.

### **Ephesians 4:30**

**Grieve =** to be heartbroken, to cause pain, sorrow or distress The Negative:

## The Positive:

### The Motivation:

The Negative: Lying

The Positive:

The Motivation:

Therefore, putting away lying,

### The Negative: Lying

The Positive: Speak the Truth

The Motivation:

Therefore, putting away lying, speak the truth, each one to his neighbor,

### The Negative: Lying

The Positive: Speak the Truth

The Motivation: Truth preserves unity

Therefore, putting away lying, speak the truth, each one to his neighbor, because we are members of one another. Ephesians 4:25 The Negative: Uncontrolled anger

The Positive:

The Motivation:

Be angry and do not sin.

Ephesians 4:26-27

An angry person stirs up conflict, and a hot-tempered one increases rebellion. Proverbs 29:22 The Negative: Uncontrolled anger

The Positive: Resolve it quickly

The Motivation:

Be angry and do not sin. Don't let the sun go down on your anger,

Ephesians 4:26-27

The Negative: Uncontrolled anger

The Positive: Resolve it quickly

The Motivation: Don't give the Devil an opportunity

Be angry and do not sin. Don't let the sun go down on your anger, and don't give the devil an opportunity. Ephesians 4:26-27 The Negative: Don't Steal

The Positive:

The Motivation:

Let the thief no longer steal.

### The Negative: Don't Steal

The Positive: Do honest work

The Motivation:

Let the thief no longer steal. Instead, he is to do honest work with his own hands,

### The Negative: Don't Steal

The Positive: Do honest work

The Motivation: To share with others

Let the thief no longer steal. Instead, he is to do honest work with his own hands, so that he has something to share with anyone in need.

The Negative: Unwholesome Speech

The Positive:

The Motivation:

No foul language should come from your mouth,

The Negative: Unwholesome Speech

The Positive: Build others up w/ words

The Motivation:

No foul language should come from your mouth, but only what is good for building up someone in need,

#### The Negative: Unwholesome Speech

The Positive: Build others up w/ words

The Motivation: Gives grace to others

No foul language should come from your mouth, but only what is good for building up someone in need, so that it gives grace to those who hear. Ephesians 4:29 The Negative: Sour Saints

The Positive:

The Motivation:

Let all bitterness, anger and wrath, shouting and slander be removed from you, along with all malice.

Ephesians 4:31-32

### The Negative: Sour Saints

The Positive: Be Kind...

## The Motivation:

Let all bitterness, anger and wrath, shouting and slander be removed from you, along with all malice. And be kind and compassionate to one another, forgiving one another,

Ephesians 4:31-32

### The Negative: Sour Saints

The Positive: Be Kind...

### The Motivation: Reflect God's Character

Let all bitterness, anger and wrath, shouting and slander be removed from you, along with all malice. And be kind and compassionate to one another, forgiving one another, just as God also forgave you in Christ.

Ephesians 4:31-32

If we confess our sins, he is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.

1 John 1:9