

GRATITUDE • GRATITUDE • GRATITUDE • GRATITUDE • GRATITUDE • GRATITUDE

T H E _____

S E A S O N

_____ O F

T H A N K S

BEING GRATEFUL EVERYDAY

GRATITUDE • GRATITUDE • GRATITUDE • GRATITUDE • GRATITUDE • GRATITUDE

GRATITUDE • GRATITUDE • GRATITUDE • GRATITUDE • GRATITUDE • GRATITUDE

GRATITUDE • GRATITUDE • GRATITUDE • GRATITUDE • GRATITUDE • GRATITUDE

Rejoice always,
pray constantly,
give thanks in everything;
for this is God's will for you
in Christ Jesus.

1 Thessalonians 5:16-18

Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:6,7

Philippians 4:6

Do not be anxious about
anything

Anxiety =

A thin stream of fear trickling through the mind. If encouraged, it cuts a channel into which all other thoughts are drained.

Peace I leave with you. My
peace I give to you. I do not
give to you as the world
gives. Don't let your heart
be troubled or fearful.

John 14:27

Philippians 4:6

Do not be anxious about
anything

What is the root cause of your anxiety?

Philippians 4:6

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.





Belay means...
the securing of a
person or a
safety rope to an
anchor point (as
during mountain
climbing)



Philippians 4:6

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Philippians 4:6

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:6,7

