

**Upside Down Living**  
**Keep Your Word**



Matthew 5:33-37

September 29, 2024

Jesus knows...

We are natural \_\_\_\_\_

We're always looking for \_\_\_\_\_

Jesus wants us to know...

- 1) It is okay to make \_\_\_\_\_ and \_\_\_\_\_
  
- 2) \_\_\_\_\_ what you \_\_\_\_\_, \_\_\_\_\_ what you \_\_\_\_\_
  
- 3) Honor your \_\_\_\_\_ with \_\_\_\_\_

**Questions To Think About...**

1. Read Matthew 5:33-37. What type of oaths, promises and commitments have you made in the last month?
2. Has anyone ever broken a promise to you? How did that impact your trust in them?
3. How do we sometimes use "loopholes" in our language today?
4. What do you think Jesus means by "anything more that this is from the evil one"?
5. What are the potential consequences of being someone who frequently breaks promises or exaggerates the truth?
6. If you were to ask a friend, would they say your word can be fully trusted?
7. How does living with integrity affect our witness as a Christian?
8. Reflect on your speech throughout the week. Pay attention to moments where you're tempted to overpromise or stretch the truth. Commit to being honest.