

Follow Me: The Gospel of Mark
What Is Holding You Back?



Mark 10:17-31

September 13, 2026

Questions to think about

1. You can be _____ to Jesus _____ completely _____ Him
2. Jesus _____ him enough to _____ him the _____
3. Following Jesus _____ us to _____
4. Following Jesus means _____ with what we're _____ to _____
5. Following Jesus means _____ Him with the _____ of your _____
1. The rich young ruler was moral, religious, successful, and respected. What do you think his story teaches us about the difference between being a good person and truly following Jesus?
2. How does knowing that Jesus loves us change the way we respond when He puts His finger on something in our lives?
3. The sermon asked, "What is holding you back?" What are some things, good or bad, that can compete with Jesus for our trust, attention, or allegiance?
4. Why do we sometimes have a harder time surrendering something good than something obviously wrong?
5. The sermon said, "Surrender isn't simply about giving something up. It's about trusting Someone." What does that look like practically in everyday life?
6. Jesus said, "Follow Me." What area of your life is hardest for you to let Jesus lead—your plans, finances, relationships, career, future, time, or something else? Why do you think that is?
7. What is one thing you think Jesus might be asking you to trust Him with right now? What would it look like to take one step toward surrender this week?