Life in the Spirit
When God Change You

Galatians 5:22-26 November 8, 2026

God wants to _____ us from the _____ _____

The _____ comes _____ the Spirit, not from _____ _____

The fruit of the Spirit is the _____ of Jesus _____ _____ in our lives

Keep _____ with the _____

Questions to think about

1. Why is it possible to look like a Christian on the outside without experiencing much inner change?
2. Read Galatians 5:19–23. Paul contrasts the works of the flesh with the fruit of the Spirit. What stands out to you about the contrast? What does it tell us about the kind of person the Holy Spirit is producing in us?
3. What is the difference between trying harder to be a better person and depending on the Spirit to change you? How do our own efforts fit into that process?
4. Paul describes nine qualities of the fruit of the Spirit. Which one do you find most challenging in your everyday relationships right now? Why?
5. How might someone who is growing in the Spirit respond differently to a frustrating family member, a difficult coworker, or someone with whom they disagree?
6. Read 2 Corinthians 3:18. Paul says that the Spirit is making us more and more like Christ. When you look back over the last year or two, where have you seen evidence of God changing you?
7. Read Galatians 5:25. What does “keep in step with the Spirit” look like in the ordinary routines and decisions of everyday life? What can make it difficult?
8. Where do you most need the Holy Spirit to change you right now? What is one step of obedience you can take this week as you depend on Him?